



# Show your support

## Louise Goldsbury

Breakfast with an Olympian, girls nights in and the national launch of a pink dessert are just a handful of fundraising events to be held in October, Breast Cancer Month.

The National Breast Cancer Foundation (NBCF) program began on Tuesday, September 26 with a star-studded soiree at the Summit restaurant, organised by Balmain resident Steve McArthur.

The 47-storey Australia Square building was dramatically lit up in pink for the launch.

Among the long list of celebrity attendees were NBCF patron and model Sarah Murdoch, designers Collette Dinnigan and Charlie Brown, athlete Jane Fleming and television personalities Mark Beretta, Gretel Killeen, Jamie Durie, Angela Bishop, Sophie Faulkner and Kate Ritchie.

The Summit has created a new pink cocktail and a pink "framboisier" dessert for diners to order in October.

The restaurant will donate \$5 for every framboisier and \$5 for every pink cocktail sold this month.

NBCF is also calling on people to host Pink Ribbon Breakfasts at their workplaces and homes. Registered participants can win a breakfast with Olympic gold medallist swimmer Susie O' Neill.

All hosts receive a booklet with recipes contributed by celebrity cooks Donna Hay and Maggie Beer, and Sydney's top restaurant chefs and food editors.

The first 5000 hosts to register will also receive a kit containing Sanitarium cereal, soymilk, muffin mix, jam and tea.

At the other end of the day, the Cancer Council is raising funds with its Girls Night



**NBCF patron Sarah Murdoch.** Photo: AAP

In event. Hosts are required to invite over friends, provide food and drinks and encourage guests to donate money. Host kits contain ideas and themes for your party, invitations, and fundraising tips.

The fun nights will be held nationally during October. Pink ribbons will also be sold (priced from \$2) in local stores, including The Natural Source at Westfield Burwood. The official Pink Ribbon Day is Monday, October 23.

Mrs Murdoch said she hoped people would participate in the activities to aid research.

**To register as a Pink Ribbon breakfast host, go to [www.nbcf.org.au](http://www.nbcf.org.au) or phone 1800 000 118. To organise a girls night in, go to [www.girlsnightin.com.au](http://www.girlsnightin.com.au) or phone 1300 656 585.**